



## ASSOCIATED DERMATOLOGISTS

*Ronald D. KERWIN, M.D., P.C.* • *Michael A. DORMAN, M.D., F.A.A.D.* • *Leonard M. CETNER, M.D., F.A.A.D.*  
*Leonard Y. KERWIN, M.D., F.A.A.D.* • *Aaron S. CETNER, M.D., F.A.A.D.* • *Suzanne R. MERKLE, M.D., F.A.A.D.*  
*Lauren LAW, D.O., F.A.A.D.*

# INSTRUCTIONS FOR BOTOX

### What to Expect:

- You can expect to have some minimal effects 3-5 days post treatment. You may experience a headache for a short period of time post-treatment, this should resolve shortly.
- The temporary effects of Botox will begin 2-5 days after treatment, peak at 14-21 days and generally lasts about 3-5 months.

### Do's and Don'ts to Botox:

**Do:** Facial exercises in the area of treatment for the first hour post-treatment and Wear sunscreen.

**Don't:** lie down for four hours after treatment, massage the injection sites, work out for 24 hours after treatment, have a facial for the first 2 days post-treatment, sit in the sun for the first 2 days post-treatment.

### Notice:

- Botox contains human-derived albumin and carries a theoretic risk of virus transmission. There have been no reports of disease transmission through Botox.
- You should not have Botox if: You are pregnant, nursing, have an infection, skin condition, or muscle weakness at the site of injection, or if you have Eaton-Lambert Syndrome, Lou Gehrig's Disease or myasthenia gravis.
- Your initial results may appear over or under treated or asymmetries may appear in the first week or two, **THIS WILL NORMALIZE BY TWO WEEKS POST TREATMENT.**
- Side effects of Botox include: bruising, under-correction (not enough effect) or over-correction (too much effect), facial asymmetry (one side looks different than the other), paralysis of a nearby muscle leading to: droopy eyelid, double vision, inability to close eye, difficulty whistling or drinking from a straw, generalized weakness, permanent loss of muscle tone with repeated injection, flu-like syndrome or respiratory infection, nausea or headache, or development of antibodies to Botox.

### Botox touch-ups:

If you are unhappy in any way with the effects of your Botox treatment, please return to our office between 14-21 days after treatment to discuss your results and possible re-treatment. If you cannot return to the office during this time period please contact the office. **Botox touch-ups will not be done prior to 14 days post treatment.**

**Call the office if any of the following develop:** new redness, swelling or pain after the initial 24 hours post procedure **OR** if at anytime you develop hives, rash or skin discolouration.

6330 Orchard Lake Road, Suite 120 • **West Bloomfield**, MI 48322 • Phone: 248.855.3366 • Fax: 248.855.6213  
9640 Commerce Road, Suite 100 • **Commerce**, MI 48382 • Phone: 248.694.6390 • Fax: 248.694.6391  
46325 West Twelve Mile Road, Suite 370 • **Novi**, MI 48377 • Phone: 248.773.3640 • Fax: 248.773.3647  
27901 Woodward Avenue, Suite 200 • **Berkley**, MI 48072 • Phone: 248.307.8200 • Fax: 248.307.8201